



# assessment tips and advice



## Before your assessment

- **Check the exam timetable regularly** as dates and times can change
- Create a **manageable revision schedule**
- **Take regular breaks** whilst studying - especially to eat & drink
- **Contact your Personal Tutor** if you have any questions
- Practice using **past exam papers** if you can
- Allow yourself **time to relax** - don't spend all day & night studying
- Make sure you **get a good sleep the night before** an assessment
- Make sure you **bring your student ID card** to your exam
- **Be at the exam venue at least 15 minutes before** the start time
- **Complete the Assessment Checklist** above

## During your assessment

- Read the question **carefully**
- **Write an answer/essay plan** before starting the question, this gives you a structure to follow
- If you become stuck, **move onto the next question** and return to it later
- Make sure you **answer the question** - don't just write down everything you have memorised
- **Stay hydrated** - you can take a bottle of water into the exam venue
- If you feel anxious, **pause for a moment and breathe**
- Leave time at the end to **check over your answers**

If you have any questions about assessments, you can email  
the Student Success Advisors: [studentsuccess@hw.ac.uk](mailto:studentsuccess@hw.ac.uk)  
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