

Support Contacts for Gender Based Violence

In an emergency call 999

Specialist and confidential support is available from:

Search **Rape Crisis Scotland** or call **0808 801 0302** (daily 18:00-0:00)

Visit **Scotland domestic abused and forced marriage helpline:**

www.sdafmh.org.uk or call: **0800 027 1234**

LGBT+ people can search **Galop** or call **0800 999 5423** (various times weekdays)

Men can search **Men's Advice Line** or call **0808 801 0327**
(Mon-Fri, 09:00 – 17:00)

Muslim and BME women can search **AMINA** or call **0808 801 0301**
(Mon-Fri, 10:00-16:00)

Staff and students at Heriot-Watt can:

- Contact Student Wellbeing Services at studentwellbeing@hw.ac.uk
- Use the SafeZone App to contact Safeguarding Services 24/7
- Use Report It

<https://heriotwatt.info-exchange.com/ConfidentialReportForm>

- Use the Big White Wall: www.bigwhitewall.com using your Heriot-Watt email address